## A guide to reducing

# Condensation

### in your home

#### What causes condensation?

Condensation is more likely to occur in rooms where there is a lot of moisture, such as bathrooms and kitchens, and in rooms where there are a lot of people.

In the UK, condensation problems occur more in the winter, when warmed air comes into contact with cold surfaces, or unheated parts of the home and turns into water droplets.

#### Where does moisture in the air come from?

Moisture is in the air all around us and there are lots of normal day-today activities that increase moisture in our homes, such as cooking, showering or bathing, washing and drying clothes.

When warm air comes into contact with colder parts of the house, such as an unheated room, or at night when the temperature drops, the moisture turns into condensation.

Homes which are unoccupied during the day can become cold, then suddenly warm again when everyone comes home.

#### How you can help

**To minimise the impact of condensation** on windows, sills and tiling wipe these down regularly particularly during the winter months.

As a tenant it's your responsibility to try and manage the moisture produced in your home

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# Ways of managing the moisture produced in your home

#### Bathing or showering

After a bath or shower ventilate the room by opening a window, if you have one. Leaving an extractor fan running with the door closed for at least 15 minutes will help.



Trickle vents in windows should be left open to help air circulate

#### Cooking food

Use an extractor fan in the kitchen when cooking food, if you have one. Alternatively, simply opening a window will help.



Heat your home to an adequate level during some point each day

#### Drying clothes

Dry clothes outdoors where possible

Your clothes may take longer to dry, but less moisture will build up in your home.

Tumble driers should be vented to the outside
If you have a condenser we recommend opening a window

If you have a condenser we recommend opening a window and closing the door to the room while it's in operation.

If you need to dry clothes indoors use a clothes horse located in just one room, with the door closed and the window open. Do not dry clothes on radiators.

Move furniture away from external walls to create a gap for air to circulate

If after following these guidelines you are still getting a build-up of condensation in your home, contact us on 01952 217217 or email enquiries@wrekin.com

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